

PARKLANDS BAR & RESTAURANT

HOTEL MAIN MENU

TO START

SOUP OF THE DAY	6.00
<i>Homemade & served with rustic bread VG</i>	
MAC & CHEESE BITES V	6.00
<i>Balsamic & red onion chutney</i>	
NACHOS V	6.00
<i>Molten cheese, jalapeño, salsa & guacamole</i>	
HAM HOCK & PEA TERRINE	6.50
<i>Homemade piccalilli, crisp bread</i>	

MAINS & SIDES

FISH & CHIPS	12.00
<i>Beer battered fish, chunky chips & tartar sauce</i>	
GRILLED FILLET OF BREAM	15.00
<i>Creamed potato, green beans & sauce vierge</i>	
CLASSIC BEEF BURGER	12.00
<i>Beef burger, tomato, red onion, baby gem lettuce, grain mustard mayonnaise, fries & coleslaw</i>	
RIB EYE STEAK 7OZ	21.00
<i>Slow cooked tomato, grilled field mushroom, watercress & chunky fries</i>	
CHICKEN CAESAR SALAD	13.00
<i>Char-grilled chicken baby gem lettuce, peppered croutons & shaved parmesan & Caesar dressings</i>	
PUNJAB TIKKA MASALA	13.00
<i>Tender chicken in medium spiced sauce with spinach & onions, with rice</i>	
BEAN & ROASTED VG VEGETABLE CHILLI	11.50
<i>Mixed beans & grilled vegetables in a medium spiced Smokey chilli tomato sauce</i>	

STEAK & ALE PIE	13.50
<i>Creamed potato, mixed greens & red wine sauce</i>	
SMOKED CHICKEN & CHORIZO RISOTTO	13.00
<i>Fresh chives & parmesan shavings</i>	
SPINACH RISOTTO	12.00
<i>Toasted pine nuts & vegan parmesan</i>	
MASHED POTATO	3.00
MIXED SALAD, HOUSE DRESSING	3.00
BUTTERED SEASONAL GREENS	3.00
BEER BATTERED ONION RINGS	3.00
CHUNKY CHIPS/SKINNY	3.00

DESSERTS

SELECTION OF KELLY'S ICE CREAM	5.00
CHOCOLATE & VG CLEMENTINE TORT	5.50
<i>Orange marmalade</i>	
STRAWBERRY CHARLOTTE	6.00
<i>Strawberry coulis</i>	
WHITE CHOCOLATE & RASPBERRY CRÈME BRULEE	5.50
<i>Shortbreads</i>	

V Suitable for vegetarians. **VG** Vegan.

**All weights are uncooked. All prices include TAXES at the current rate. All prices are based on sterling.
FOOD ALLERGIES & INTOLERANCES: before you order your food and drinks please speak to our staff if you would like to know about our ingredients; we cannot guarantee that any food or beverage item sold is free from traces of allergens.*

Subject to change and availability.

PARKLANDS BAR & RESTAURANT

ALLERGENS

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
DMP Rasted Plum Tomato Soup							Y Unkno wn			Y	Y				
DMPH Cheese Nachos Stater										Y					
DMPH Ham Hock & Pea terrine, piccalilli	Y Whe Bar								M	M		Y			
DMPI Macaroni Cheese Bite	Y Whe									Y				Y	
DMPH Bean & Roast Vegetable Chilli															
DMPH Beef Burger	Y Whe								Y	Y			M	Y	
DMPH Chicken Caesar Salad	Y Whe Bar							Y	Y	Y					
DMPH Fish & Chips	Y Whe Bar			Y					Y	Y		Y			
DMPH Grilled Fillet of Bream - Creamed potato, green bean, sauce vierge				Y										Y	
DMPH Punjab Chicken Tikka	Y Whe									Y					
DMPH Rib-Eye Steak															
DMPH Smoked Chicken Risotto								Y		Y	Y			Y	
DMPH Spinach Risotto – Toasted pine nuts, vegan parmesan							Y Unkno wn				Y			Y	
DMPH Steak & Ale Pie - Creamed potato, mixed greens	Y Whe Bar								Y	Y	Y			Y	

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DMPH Beer Battered Onion Rings	Y Whe Rye Bar Oat	M	M	M						M				M	
DMPH Chunky Chips (side)															
DMPH Mixed Salad House Dressing (Side)											Y	Y		Y	
DMPH Olive Oil Mash (Side)														Y	
DMPH Seasonal Vegetables															
DMPH Chocolate & Clementine Torte – Orange marmalade					M		M Unkno wn	Y							
DMPH Kellys Ice Cream	Y Whe						M Unkno wn	Y		Y					
DMPH Strawberry Charlotte - Strawberry coulis	Y Whe Rye Bar Oat						Y Alm Haz Pec Pis	Y	Y	Y					
DMPH White Chocolate & Raspberry Creme Brulee - Shortbread	Y Whe							Y	Y	Y					

* Allergens marked with 'M' may contain that allergen.

■ Yes ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts