



PARKLANDS

BREAKFAST MENU

Due to current government guidance surrounding coronavirus, we have had to make some changes to our breakfast offering. We are not yet allowed to offer our usual breakfast buffet, so instead we have created the following options available for you to order at your table, that we will serve to you.

MENU:

CONTINENTAL BREAKFAST

Croissant with Jam & Butter, cereal, milk carton & banana.
(Special K, Coco Pops, Frosties, Muesli or Weetabix)

FULL ENGLISH

Sausage, bacon, beans, grilled tomato, hash brown & scrambled eggs.

VEGETARIAN BREAKFAST

Vegetarian sausage, beans, hash brown, grilled tomato & scrambled egg.

PORRIDGE

Oats cooked with milk or water.
All served with toast & preserves, hot beverage & fruit juice.

BEVERAGES

Apple/Orange Juice
Selection of Tea and Coffee including.
Cappuccino, Americano, Hot Chocolate, Mocha

FOOD ALLERGIES & INTOLERANCES:

Before you order your food and drinks please speak to our staff if you would like to know about our ingredients; we cannot guarantee that any food or beverage item sold is free from traces of allergens

Subject to change and availability.

PARKLANDS

BREAKFAST MENU

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Continental - Coco Pops	Y Whe Bar						Y Unkno wn	Y	Y	Y					
Continental - Frosties	Y Whe Bar				M		Y Unkno wn	Y	Y	Y					
Continental - Muesli	Y Whe Oat						Y Alm Haz	Y	Y	Y					
Continental - Special K	Y Whe Bar						Y Unkno wn	Y	Y	Y					
Continental - Weetabix	Y Whe Bar						Y Unkno wn	Y	Y	Y					
DMPH Bacon															
DMPH Baked Beans															
DMPH Grilled Tomato															
DMPH Hash Brown															
DMPH Sausage	Y Whe													Y	
DMPH scrambled Egg	M Unkno wn								Y	Y					
DMPH Baked Beans															
DMPH Grilled Tomato															
DMPH Hash Brown															
DMPH scrambled Egg	M Unkno wn								Y	Y					
DMPH Veggi Sausage	Y Whe										Y				

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
DMPH Porridge Milk	Y Oat									Y					
DMPH Porridge Water	Y Oat														
DMPH Brown Bread Toast	Y Whe							Y							
DMPH White Bread Toast	Y Whe							Y							
DMP Black Coffee Tchibo V															
DMP Cappuccino Tchibo V										Y					
DMP Espresso Tchibo V															
DMP Hot Chocolate Milk Tchibo V										Y					
DMP Hot Chocolate Water Tchibo V										Y					
DMP Mocha Tchibo V										Y					
DMP White Coffee Tchibo V										Y					
DMPH Apple Juice Carton															
DMPH Orange Juice Carton															
To Go Breakfast Bag - Coco Pops	Y Whe Bar Oat						Y Unkno wn	Y	Y	Y					
To Go Breakfast Bag - Frosties	Y Whe Bar Oat				M		Y Unkno wn	Y	Y	Y					
To Go Breakfast Bag - Muesli	Y Whe Bar Oat						Y Alm Haz	Y	Y	Y					
To Go Breakfast Bag - Special K	Y Whe Bar Oat						Y Unkno wn	Y	Y	Y					
To Go Breakfast Bag - Weetabix	Y Whe Bar Oat						Y Unkno wn	Y	Y	Y					

* Allergens marked with 'M' may contain that allergen.

■ Yes ■ May Contain

	Allergen
Whe	Wheat

Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts